

### **Monday Morning**

**November 4, 2019** 

Feeding Bodies. Fueling Minds.™

Monday Morning is the bi-weekly School Nutrition Association of Pennsylvania newsletter that keeps our members up to date with member professional growth and advocacy opportunities!

# Chapter Chatter Members Connection to Local Meetings!



Bee Thankful

#### Chapter 07

November 7, 2019 4:30 Doors Open Bucks County Youth Center 1750 Eason Rd. Doylestown PA 18901

#### **Chapter 19- Red Rose**

November 7, 2019
PA Diary Farm Tour-Hess Family Farms
RSVP Required!

Park & Ride

\*\*\*Please Park your car at address below and board the school bus 4:00 PM Bus Boarding! Donegal High School is located at: 1025 Koser Road, Mount Joy, PA 17552-1826

#### Chapter 26 - Westmoreland

November 13, 2019
Time 4:30 pm- 6:30 PM
Greater LaTrobe School District
"Serving Students- It's More than Lunch

#### Chapter 23 - Alo-Mar

Friday December 13, 2019 Contact: ddugger1@pghschools.org

#### **Chapter 32- Cumberland**

January 9, 2020 Chambersburg High School 5:00 PM

#### **Chapter 35 - Gnaden Huetten**

Thursday January 16, 2020 5:30 PM East Stroudsburg High School

#### **Chapter 21- Southeastern**

January 22, 2020 Bensalem SD

#### **Chapter 33**

November 14, 2019 Harriton HS

Lower Merion SD 4:00 pm- 6:00 pm

Email for more information: <a href="mailto:bwatts@neacademy.net">bwatts@neacademy.net</a>
Key Impact is providing dinner. Culinary Hands on production in groups. Wheel of Fortune NSLP/SBP Game, Raffle Baskets, Vote on Changing name of Chapter from North Montgomery to Yellow Rose - North Montgomery

#### Chapter 10- Clear Cen

October 28, 2019

Philipsburg-Osceola Area Middle School District 5:30 PM

Families & Food - 27th Annual Symposium on Family Issues, The Pennsylvania State University Oct. 21-22, 2019 ~ State College, PA



SNAPA Webinars are recorded for members to view at their convenience!

Click here to view SNAPA recorded webinars.



SNA Training Zone Webinar Wednesday

ANC Ideas@Work - Connecting the Cafeteria to the Classroom

Presenter: Samantha Ronk, RDN
Administrative Coordinator for Guest Experience
Prince William County Public Schools

November 6, 2019 2 PM 1.25 hr. length = 1.0 CEU



#### Celebrate November!

November is National Diabetes Month!

November 1<sup>st</sup> - Cookie Monster Day

November 3<sup>rd</sup> - Daylight Savings Ends

November 5th - Election Day

November 8<sup>th</sup> - National Parents as Teachers Day

November 11th - Veterans Day

November 28th- Thanksgiving

November 29th Black Friday

# CHAPTER NEWS November 2019

Central & Upper Bucks - Region #3 Chapter #7
General Meeting News
September 24, 2019

Our September Dinner Meeting was held on Tuesday September 24th at Palisades High School in Kintnersville, PA. We had about 50 people in attendance.

We started the meeting with an Executive Board Meeting, with the hopes we could get some more involvement from our members. Gina Giarratana also demonstrated how to make blender-less smoothies and discussed how they could be worked into the breakfast menu for a reimbursable meal.

Dinner was prepared by the staff at Palisades. The meal was Spring Mix Salad, Chicken Bruschetta with pasta, Green Beans, and Chocolate cake. Palisade's staff did a wonderful job preparing the meal. Bucks County Youth Center provided the dessert for the evening.

Our Chapter donated food to The Lord's Pantry at St. John the Baptist Catholic Church in Ottsville, PA. We had 8 School Districts present: Bucks County Youth Center, Palisades, Allentown, Pennridge, Quakertown, Saucon Valley, Southern Lehigh, and Upper Bucks Technical School. Our next general meeting will be Thursday November 7, 2019 at the Bucks County Youth Center in Doylestown, PA. All Food Service staff are welcome to attend.





## CHAPTER NEWS November 2019

Date: October 15th, 2019
Place: Braddock Urban Farm

Re: Pittsburgh Public Schools Alomar

Meeting

Sarah Buranskas was the Hostess for the First Tour of an Urban Farm located in the heart of Braddock.

This was in Partnership with Grow Pittsburgh and supported by A Grant given to Pittsburgh Public Schools this year from the USDA Farm to School Program. The USDA Grant has provided Pgh schools with equipment, educational materials, etc....

Grow Pittsburgh is a nonprofit organization that Produces home grown herbs, vegetables, edible flowers, Provides and Educates sustainable gardens and on hands support for those interested in starting a garden, learning how to start seedlings,

the care and nurturing for that garden. The Volunteer staff that supports the Braddock farm help to keep the plants healthy and ready for consumption, sale and education for the visitors that come as we did with our first Alomar meeting. 26 schools in the PGH system have sustainable gardens.

During our visit we toured what at first looked like a small partial of land in the heart of the city of Braddock, walking thru this very organized garden we soon learned on just how much produce and herbs could actually be grown to be consumed and used by anyone, they offer ideas for small spaces, apartment dwellers, no land they suggested Potted plants. We truly enjoyed the trip and the education of the importance for our students to learn, eat and grow. Thank You Sarah For helping this happen.

Alomar Secretary
Debbie Thomas

Date: 10/24/19

Gnaden Huetten Chapter 35 held their Fall meeting night at Pleasant Valley Elementary. There were 34 in attendance that evening. The theme was Halloween and if you wanted to dress in costume you could. Dinner was Italian style with Spaghetti & meatballs, toss salad and assorted desserts. The program that evening was a program learned at the SNAPA convention this past summer. Beth Archangel the Head Cook at PVE let everyone go through her kitchen and find what was wrong. Beth and the Head Cook at Middle School went through and staged many incorrect items that the members had to find. In the end we all gave her credit for letting everyone go over her place with a fine-tooth comb. Everyone seemed to enjoy the activity and they also shared their last inspection and things to



#### **SNF School Equipment Grant**

Only the first 75 submitted applications will be considered for this grant. Once 75 applications have been submitted, the grant will be closed.





2020

Equipment Grants Common Application opens on October 1, 2019. Eligible applicants have the opportunity to win one of three grants, each worth up to \$60,000 of equipment. These three grants are the Winston Equipment Grant, the Vulcan/Hobart Equipment Grant, and the Collection Grant (comprised of donations made by multiple equipment companies). Applications and videos must be submitted by a school nutrition director.

# School Nutrition Web News

What School Lunch Looks Like Across the Country

The Washington Post

Applebee's Restaurant Takes a Bite Out of Michigan School Lunch Debt KGUN9

Maine Backpack Program Feeds Students—No Qualifications Required Central Maine

Learn the Secret Ingredient to These Crowd-Pleasing Enchiladas KSAT12

NY Farm-to-School Programming Brings Both Successes and Challenges Lancaster Farming

#### FEATURED PLATINUM PARTNERS

Click the image to access the company website





