



# Monday Morning

November 18, 2019

Feeding Bodies. Fueling Minds.™

Monday Morning is the bi-weekly School Nutrition Association of Pennsylvania newsletter that keeps our members up to date with member professional growth and advocacy opportunities!

Your connection to local chapter meetings and educational opportunities!



**\*\*NEW FORMAT\*\***

[Click here](#) to visit our website and updated [local chapter meetings](#) for November and December!



[Students are Tough Critics at Education Department's Test Kitchen](#)

Spectrum News NY 1

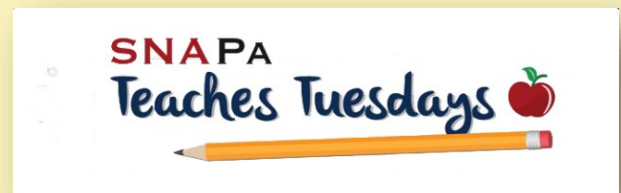
[Rolling Out a New Way to Combat Unpaid Meal Debt](#)

KEPR TV

[Real Housewives of Dallas Reality Star Serves School Lunch](#)

Bravo

**IN CASE YOU MISSED THE  
\*\*E-BLAST\*\***  
THERE'S STILL TIME TO REGISTER FOR THIS TUESDAY



**TUESDAY, NOVEMBER 19, 2019**

**2 PM – 3 PM**

**PRODUCTION RECORDS- TIPS & REQUIREMENTS**

**PRESENTER: CAROL GILBERT**

**[CLICK HERE TO REGISTER](#)**

**DID YOU KNOW?**

**\*\*SNAPA Webinars are recorded for members to view at their convenience! \*\***

**[Click here to view SNAPA recorded webinars.](#)**



**SNA  
Training  
Zone  
Webinar  
Wednesday**

**Best of #ANC19: Blast Off with Out-of-This-World Breakfast Strategies**

**November 20, 2019  
2 PM  
1.25 hr. length = 1.0 CEU**



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**Celebrate November!**

**November is National Diabetes Month!**

**November 1<sup>st</sup> - Cookie Monster Day**

**November 3<sup>rd</sup> - Daylight Savings Ends**

**November 5<sup>th</sup> - Election Day**

**November 8<sup>th</sup> - National Parents as Teachers Day**

**November 11<sup>th</sup> - Veterans Day**

**November 28<sup>th</sup> - Thanksgiving**

**November 29<sup>th</sup> Black Friday**

# CHAPTER NEWS

## November 2019

### Chapter 26 Westmoreland News



For our first chapter meeting of the year we were treated to a fall themed dinner on October 2, 2019 prepared

by the Dietetic interns at Seton Hill University. The creative menu included a pumpkin shaped cheeseball and buffalo chicken dip appetizers

along with chili, shepherd's pie and cornbread. The delicious desserts were individual pumpkin pies and candied apple slices dipped in chocolate with



toppings. Our guest speaker was Dr. Cullyn Consales from the Integrative Health & Wellness Center-PCP's of Natural Health who gave an informative

presentation on **Look Better, Feel Younger, Live Longer.** We also raised some funds with our popular basket raffles, 50/50 drawing and money giveaway.



# CHAPTER NEWS

## November 2019

### Chapter 7 News

On November 7, 2019, Chapter 7 had their monthly dinner meeting. The meeting was held at the Bucks County Youth Center. Our dinner consisted of Don's salads, a variety of homemade Stromboli, squash soup, chocolate and carrot cake. Thanks to Youth Center staff for a



wonderful meal. For the educational part of the program we conducted an exercise on identifying a reimbursable meal with "What Makes of Meal" and a kitchen inspection exercise to help identify food safety concerns in the kitchen called "What is Wrong the Kitchen".

All attendees were involved in both activities. It was a fun night, but also a sad night. SNAPA Chapter 7, Past President Jackie Froehlich is retiring. Her long-time support, guidance, and dedication to



SNAPA will be greatly missed. Thank you, Jackie. It was a privilege to have known and worked with you.

Respectfully submitted by  
Patricia Ford  
Chapter 7 Board

FEATURED PLATINUM PARTNERS

Click the image to  
access the company  
website



